

Kelci A. Katterhenry

10333 Tecumseh Dr. ♦ Newburgh, IN 47630
(812) 204-2809 ♦ kakatterhe1@eagles.usi.edu

EDUCATION

B.S. Food and Nutrition: Dietetics Specialty
University of Southern Indiana, Evansville, IN

August 2019-May 2023

CERTIFICATIONS

Nutrition Focused Physical Exam Training

September 16, 2022

Servsafe

September 2021 – September 2026

OSHA Training

January 12, 2023

HIPAA Training

January 12, 2023

WORK EXPERIENCE

TARGET, Evansville, IN

Oct. 2019 – Present

Starbucks Barista

- Prepared a variety of deli foods and baked goods
- Crafted drinks for guests of all ages and dietary restrictions
- Responsible for opening by cleaning, prepare ingredients by following instruction, taking temperatures, and pulling food for the day
- Responsible for closing by discarding food and ingredients exceeding expiration, following deep sanitation procedures for equipment, balancing till, and restocking supplies
- Accurately implemented Servsafe practices while attending to guests
- Trained new team members
- Cross-trained in all departments

Food and Beverage Expert

- Ensure freshly stocked consumables such as produce and meat
- Follows proper perishable inventory procedures to ensure inventory is accurate
- Knowledge of federal food safety guidelines
- Experience with food quality, presentation, zoning, auditing, and rotation
- Simultaneously prioritized customers' needs with the duties of the market team
- Trained new team members

Fulfillment Team Member

- Picks, sorts, preps, and packs grocery items safely
- Delivers orders to guests within five minutes of their arrival
- Provide exceptional customer service while following Covid-19 safety guidelines

ROLLING HILLS COUNTRY CLUB, Newburgh, IN

May 2016- August 2021

Golf Attendant

- Aided in preparing for tournaments, transporting equipment, and providing customer service to members and guests
- Delivered information to visitors regarding interest in facilities, rules, policies, and promotional events
- Performed household tasks to maintain a clean facility
- Oversaw refreshments counter, selling food items, and maintaining sufficient stock of products and supplies to meet expected needs

TAGGED DESIGN, Evansville, IN

May 2016- December 2017

Jewelry Maker

- Checked completed jewelry pieces for quality and made adjustments to align with special customer requests
- Packaged, loaded, unloaded, and moved material to and from production and storage areas

RESEARCH

EVIDENCE BASED ANALYSIS PROJECT

Does Vitamin D Reduce PMS?

- Katterhenry, K., Hawley, K., & McCullough, J. Does Vitamin D Reduce PMS? Poster presentation accepted for CNHP 27th Annual Research, Evidence-Based Practice and Performance Improvement Conference, Evansville, IN; 2023
- Presentation to Southwest Indiana Academy of Nutrition and Dietetics; March 3, 2023
- Abstract Submission to 27th Annual Research, Evidence-Based Practice and Performance Improvement in Healthcare Conference

INTERPROFESSIONAL EDUCATION

Nursing

- Helped educate nursing students in estimating grams of carbohydrates in patient tray models

Dental

- Partnered with dental hygiene students to provide nutrition counseling to two periodontitis patients

Public Health

- Collaborated with public health students during quantity production of Blue Zone meal

VOLUNTEER

CHILDREN'S CENTER FOR DANCE EDUCATION

Pirouette Project

September 2022 – Present

- Prepared weekly snacks for after school dance practice

UNIVERSITY OF SOUTHERN INDIANA

Interprofessional Education Activity

November 29, 2022

- Collaboration with USI Nursing Program

- Educated and assisted nursing students in calculating carbohydrate count of patient trays

UNIVERSITY OF SOUTHERN INDIANA

Wellness Lunch 'n Learn

November 10, 2022

- Prepared a presentation over stress management through nutrition and exercise, focusing on managing through the holidays and finals
- Collaborated with a fellow senior dietetic student weekly to create the presentation for students and faculty

UNIVERSITY OF SOUTHERN INDIANA

Higher Learning Commission Kitchen Demonstration

November 9, 2022

- Participated in the facilities tour of the Health Profession's building and the Food and Nutrition Department
- Assisted in preparing appetizers and refreshments for Higher Learning Committee members

FOOD AND NUTRITION STUDENT ORGANIZATION

Fall Fundraiser

November 7 – 22, 2022

- Sold and assembled sugar cookie kits
- Delivered to customers

RONALD MCDONALD HOUSE

November 7, 2022

- Prepared a meal in the University of Southern Indiana's quantity kitchen for 30 adults
- Packaged and delivered meals to the local Ronald McDonald House

UNIVERSITY OF SOUTHERN INDIANA

Take Flight Friday

Food and Nutrition Program Promotion Video

August 2022

- Featured in a promotional video for the University of Southern Indiana's Food and Nutrition Program
- Demonstrated Nutrition Focused Physical Exam and counseling skills

HOLY REDEEMER YOUTH MINISTRY

June 2, 2022

Mission Meal Project

- Prepared, served, and packaged 64 meals to be frozen and delivered
- "Mise en place" workstation to guide youth
- Explained recipe with demonstration and guidance
- Led 7th graders in the safety and sanitation requirements of measuring, mixing, and baking multiple batches of dessert
- Final clean-up of workstations, counter tops, and dishwashing machine equipment and utensils and return to storage

EVANSVILLE VANDERBURGH COUNTY SCHOOL CORPORATION

College Visitation

May 17, 2022

- "Eat the Rainbow"
- Led 50 first grade students on a tour of the quantity, teaching kitchen
- Educated youth on health benefits of produce by color category

FOOD AND NUTRITION STUDENT ORGANIZATION

National Nutrition Month Booth

March 23, 2022

- Educated students how to eat healthy on campus
- Handouts and give-away items provided

SWIRCA & MORE

Nutrition Awareness Day

March 17, 2022

- Wellness fair for 200 elderly and disabled
- Promoted National Nutrition Month at educational booth
- Conducted DETERMINE checklist on wellness fair participants

RONALD MCDONALD HOUSE

November 2, 2021

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- Packaged and delivered meals to the local Ronald McDonald House

UNIVERSITY OF SOUTHERN INDIANA

Division I Softball Cooking Class

October 15, 2021

- Instructed by Dr. Beth Young
- Helped develop recipes and instruction for burrito bowls, chicken & broccoli marinara, vegetable and hummus wraps, and protein balls
- Mise en place for each station
- Offered cooking instruction and assistance to athletes as needed

PATCHWORK CENTRAL

August 2021 – Present

Arts & Smarts After School Program

- Prepped weekly snacks for 25 children
- Adhered to weekly budget and food allergies
- Delivered snacks to Patchwork Central

AND HOW ARE THE CHILDREN -EVANSVILLE

National African American Parent Involvement Day

February 13, 2023

- Prepared 200 servings of cornbread, chili, and vegetable soup
- Packaged 200 meals individually for family's convenience

February 14, 2022

February 08, 2021

EVANSVILLE VANDERBURGH COUNTY SCHOOL CORPORATION

Try it Tuesday

April 2020

- Developed an educational handout for the nutritional benefits, storage, and preparation of apricots

UNIVERSITY OF SOUTHERN INDIANA

Homeless Symposium

February 17, 2020

- Regional Symposium
- Assisted in coordinating food drive and collecting food donations at the symposium
- Collaborated with USI Dental Hygiene program to pack 500 bags of snacks and oral health supplies for Evansville, IN homeless population

UNIVERSITY OF SOUTHERN INDIANA

Health and Wellness Fair

September 25, 2019

- Organized and presented information to students, faculty, and staff covering nutrition, wellness, and resources available
- Educated people about the Food and Nutrition Student Organization
- Provide verbal and physical the available degrees and minor offered at the University of Southern Indiana in Food and Nutrition

JUNIOR GOLF CAMPS

Summer 2019 – 2021

- Mentored and encouraged youth to participate in golf to build discipline and confidence on and off the course
- Learned valuable teaching and training skills, such as communication, time management, and how to provide constructive feedback to parents and children
- Managed and organized schedules of the members and facility's hours

JOB SHADOWING

EVANSVILLE VANDENBURGH SCHOOL CORPORATION DIETITIAN

November 2021

Brooke Harsh, RDN, LD

- Gained insight on summer school food programs, food equivalents, food allergies, budget, and adjusting to supply chain issues
- Attended National School Lunch Virtual Seminar

HONORS

UNIVERSITY OF SOUTHERN INDIANA

David Lee Rice Scholarship

2019 - 2023

Dean's List

Fall 2019 - Fall 2022

Scholar Student-Athlete

Fall 2019 – Present

AWARDS

Great Lakes Valley Conference James R. Spalding Sportsmanship Honoree

2022

Council of President's Academic Excellence Award

2022

Strength of 17 Leader for Women's Golf

Summer 2020 – Present

Evansville Celebration of Leadership Award Nominee with

December 2020

University of Southern Indiana's Food and Nutrition Student Organization

MEMBERSHIPS

ACADEMY OF NUTRITION AND DIETETICS

June 2022 - Present

Student Member

INDIANA ACADEMY OF NUTRITION AND DIETETICS

June 2022 - Present

Student Member

SOUTHWEST INDIANA ACADEMY OF NUTRITION AND DIETETICS March 2021 – Present
Student member

UNIVERSITY OF SOUTHERN INDIANA FOOD AND NUTRITION STUDENT ORGANIZATION Fall 2019 – Present
Member
Treasurer

- Collected and tallied membership dues, grants, donations, and expenses
- Organized fundraisers
- Informed officers and members monthly on the balance