

# Kelci A. Katterhenry

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## EDUCATION

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**B.S. Food and Nutrition: Dietetics Specialty**  
University of Southern Indiana, Evansville, IN

August 2019-May 2023

## CERTIFICATIONS

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Nutrition Focused Physical Exam Training  
Servsafe  
OSHA Training  
HIPAA Training

September 16, 2022  
September 2021 – September 2026  
January 12, 2023  
January 12, 2023

## WORK EXPERIENCE

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TARGET, Evansville, IN  
Starbucks Barista

Oct. 2019 – Present

- Prepared a variety of deli foods and baked goods
- Crafted drinks for guests of all ages and dietary restrictions
- Responsible for opening by cleaning, prepare ingredients by following instruction, taking temperatures, and pulling food for the day
- Responsible for closing by discarding food and ingredients exceeding expiration, following deep sanitation procedures for equipment, balancing till, and restocking supplies
- Accurately implemented Servsafe practices while attending to guests
- Trained new team members
- Cross-trained in all departments

### Food and Beverage Expert

- Ensure freshly stocked consumables such as produce and meat
- Follows proper perishable inventory procedures to ensure inventory is accurate
- Knowledge of federal food safety guidelines
- Experience with food quality, presentation, zoning, auditing, and rotation
- Simultaneously prioritized customers' needs with the duties of the market team
- Trained new team members

### Fulfillment Team Member

- Picks, sorts, preps, and packs grocery items safely
- Delivers orders to guests within five minutes of their arrival
- Provide exceptional customer service while following Covid-19 safety guidelines

ROLLING HILLS COUNTRY CLUB, Newburgh, IN

May 2016- August 2021

Golf Attendant

- Aided in preparing for tournaments, transporting equipment, and providing customer service to members and guests
- Delivered information to visitors regarding interest in facilities, rules, policies, and promotional events
- Performed household tasks to maintain a clean facility
- Oversaw refreshments counter, selling food items, and maintaining sufficient stock of products and supplies to meet expected needs

TAGGED DESIGN, Evansville, IN

May 2016- December 2017

Jewelry Maker

- Checked completed jewelry pieces for quality and made adjustments to align with special customer requests
- Packaged, loaded, unloaded, and moved material to and from production and storage areas

## RESEARCH

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### EVIDENCE BASED ANALYSIS PROJECT

*Does Vitamin D Reduce PMS?*

- Katterhenry, K., Hawley, K., & McCullough, J. Does Vitamin D Reduce PMS? Poster presentation accepted for CNHP 27<sup>th</sup> Annual Research, Evidence-Based Practice and Performance Improvement Conference, Evansville, IN; 2023
- Presentation to Southwest Indiana Academy of Nutrition and Dietetics; March 3, 2023
- Abstract Submission to 27<sup>th</sup> Annual Research, Evidence-Based Practice and Performance Improvement in Healthcare Conference

## INTERPROFESSIONAL EDUCATION

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Nursing

- Helped educate nursing students in estimating grams of carbohydrates in patient tray models

Dental

- Partnered with dental hygiene students to provide nutrition counseling to two periodontitis patients

Public Health

- Collaborated with public health students during quantity production of Blue Zone meal

## VOLUNTEER

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### CHILDREN'S CENTER FOR DANCE EDUCATION

Pirouette Project

September 2022 – Present

- Prepared weekly snacks for after school dance practice

### UNIVERSITY OF SOUTHERN INDIANA

Interprofessional Education Activity

November 29, 2022

- Collaboration with USI Nursing Program

- Educated and assisted nursing students in calculating carbohydrate count of patient trays

#### UNIVERSITY OF SOUTHERN INDIANA

##### Wellness Lunch ‘n Learn

November 10, 2022

- Prepared a presentation over stress management through nutrition and exercise, focusing on managing through the holidays and finals
- Collaborated with a fellow senior dietetic student weekly to create the presentation for students and faculty

#### UNIVERSITY OF SOUTHERN INDIANA

##### Higher Learning Commission Kitchen Demonstration

November 9, 2022

- Participated in the facilities tour of the Health Profession’s building and the Food and Nutrition Department
- Assisted in preparing appetizers and refreshments for Higher Learning Committee members

#### FOOD AND NUTRITION STUDENT ORGANIZATION

##### Fall Fundraiser

November 7 – 22, 2022

- Sold and assembled sugar cookie kits
- Delivered to customers

#### RONALD MCDONALD HOUSE

November 7, 2022

- Prepared a meal in the University of Southern Indiana’s quantity kitchen for 30 adults
- Packaged and delivered meals to the local Ronald McDonald House

#### UNIVERSITY OF SOUTHERN INDIANA

##### Take Flight Friday

##### Food and Nutrition Program Promotion Video

August 2022

- Featured in a promotional video for the University of Southern Indiana’s Food and Nutrition Program
- Demonstrated Nutrition Focused Physical Exam and counseling skills

#### HOLY REDEEMER YOUTH MINISTRY

June 2, 2022

##### Mission Meal Project

- Prepared, served, and packaged 64 meals to be frozen and delivered
- “Mise en place” workstation to guide youth
- Explained recipe with demonstration and guidance
- Led 7th graders in the safety and sanitation requirements of measuring, mixing, and baking multiple batches of dessert
- Final clean-up of workstations, counter tops, and dishwashing machine equipment and utensils and return to storage

#### EVANSVILLE VANDERBURGH COUNTY SCHOOL CORPORATION

##### College Visitation

May 17, 2022

- “Eat the Rainbow”
- Led 50 first grade students on a tour of the quantity, teaching kitchen
- Educated youth on health benefits of produce by color category

## FOOD AND NUTRITION STUDENT ORGANIZATION

### National Nutrition Month Booth

March 23, 2022

- Educated students how to eat healthy on campus
- Handouts and give-away items provided

## SWIRCA & MORE

### Nutrition Awareness Day

March 17, 2022

- Wellness fair for 200 elderly and disabled
- Promoted National Nutrition Month at educational booth
- Conducted DETERMINE checklist on wellness fair participants

## RONALD MCDONALD HOUSE

November 2, 2021

- Prepared a meal in the University of Southern Indiana's quantity kitchen for 30 adults
- Packaged and delivered meals to the local Ronald McDonald House

## UNIVERSITY OF SOUTHERN INDIANA

### Division I Softball Cooking Class

October 15, 2021

- Instructed by Dr. Beth Young
- Helped develop recipes and instruction for burrito bowls, chicken & broccoli marinara, vegetable and hummus wraps, and protein balls
- Mise en place for each station
- Offered cooking instruction and assistance to athletes as needed

## PATCHWORK CENTRAL

August 2021 – Present

### Arts & Smarts After School Program

- Prepped weekly snacks for 25 children
- Adhered to weekly budget and food allergies
- Delivered snacks to Patchwork Central

## AND HOW ARE THE CHILDREN -EVANSVILLE

### National African American Parent Involvement Day

February 13, 2023

- Prepared 200 servings of cornbread, chili, and vegetable soup
- Packaged 200 meals individually for family's convenience

February 14, 2022

February 08, 2021

## EVANSVILLE VANDERBURGH COUNTY SCHOOL CORPORATION

### Try it Tuesday

April 2020

- Developed an educational handout for the nutritional benefits, storage, and preparation of apricots

## UNIVERSITY OF SOUTHERN INDIANA

### Homeless Symposium

February 17, 2020

- Regional Symposium
- Assisted in coordinating food drive and collecting food donations at the symposium
- Collaborated with USI Dental Hygiene program to pack 500 bags of snacks and oral health supplies for Evansville, IN homeless population

## UNIVERSITY OF SOUTHERN INDIANA

### Health and Wellness Fair

September 25, 2019

- Organized and presented information to students, faculty, and staff covering nutrition, wellness, and resources available
- Educated people about the Food and Nutrition Student Organization
- Provide verbal and physical the available degrees and minor offered at the University of Southern Indiana in Food and Nutrition

## JUNIOR GOLF CAMPS

Summer 2019 – 2021

- Mentored and encouraged youth to participate in golf to build discipline and confidence on and off the course
- Learned valuable teaching and training skills, such as communication, time management, and how to provide constructive feedback to parents and children
- Managed and organized schedules of the members and facility's hours

## JOB SHADOWING

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### EVANSVILLE VANDENBURGH SCHOOL CORPORATION DIETITIAN

November 2021

Brooke Harsh, RDN, LD

- Gained insight on summer school food programs, food equivalents, food allergies, budget, and adjusting to supply chain issues
- Attended National School Lunch Virtual Seminar

## HONORS

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### UNIVERSITY OF SOUTHERN INDIANA

David Lee Rice Scholarship

2019 - 2023

Dean's List

Fall 2019 - Fall 2022

Scholar Student-Athlete

Fall 2019 – Present

## AWARDS

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Great Lakes Valley Conference James R. Spalding Sportsmanship Honoree

2022

Council of President's Academic Excellence Award

2022

Strength of 17 Leader for Women's Golf

Summer 2020 – Present

Evansville Celebration of Leadership Award Nominee with

December 2020

University of Southern Indiana's Food and Nutrition Student Organization

## MEMBERSHIPS

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ACADEMY OF NUTRITION AND DIETETICS

June 2022 - Present

*Student Member*

INDIANA ACADEMY OF NUTRITION AND DIETETICS

June 2022 - Present

*Student Member*

SOUTHWEST INDIANA ACADEMY OF NUTRITION AND DIETETICS

March 2021 – Present

*Student member*

UNIVERSITY OF SOUTHERN INDIANA FOOD AND NUTRITION STUDENT ORGANIZATION

*Member*

Fall 2019 – Present

*Treasurer*

May 2022 – Present

- Collected and tallied membership dues, grants, donations, and expenses
- Organized fundraisers
- Informed officers and members monthly on the balance