

Continuous Glucose Monitoring Survey

This survey is to gauge diabetic patients at the Broad Street Clinic perceptions, barriers, and receptiveness to continuous glucose monitoring (CGM) devices. Data collected from this survey will be used for further research to determine if CGM would be effective in a free clinic setting. Your responses are anonymous and will not be identified with you in anyway. Please answer the questions to the best of your ability, and if you have any questions do not hesitate to ask. Thank you for taking the time to complete this survey!

Currently, which type of device do you use to monitor your blood sugar on an everyday basis?

- Blood glucose meter (pricking finger and inserting test strip into meter)
 Continuous glucose monitor
 Urine test
 None of the above
 Other

If other please specify.

We are interested in your thoughts and feelings regarding your current glucose monitor. Please answer the following statements to the extent at which you agree or disagree about the current glucose monitor you use. Some patients use more than one monitor. Please consider the monitor you use the most or consider to be your primary monitor when answering these questions. My current monitor:

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
Helps me feel more satisfied with how things are going with my diabetes.	<input type="radio"/>				
Takes too much time to use.	<input type="radio"/>				
Is too much of a hassle to use.	<input type="radio"/>				
Causes too many skin irritations or bruises.	<input type="radio"/>				
Helps me understand how food and activity affect me.	<input type="radio"/>				
Helps me be more open to new experiences in life.	<input type="radio"/>				
Is too painful to use.	<input type="radio"/>				

What is your gender?

- Male
 Female
 Other

What is your age?

18-24
 25-34
 35-44
 45-54
 55-64
 65 or older

What is your ethnicity/race?

White
 Hispanic or Latino
 Black or African American
 Native American or American Indian
 Asian/Pacific Islander
 Other

Have you ever heard of a continuous glucose monitor (CGM), for example a FreeStyle Libre?

Yes
 No
 Maybe

Continuous glucose monitors (CGM) are devices that measure your blood sugar levels constantly 24 hours a day without pricking your finger. A sticky sensor with a small needle is inserted on the back of the upper arm and used for 14 days. You can see your glucose levels anytime at a glance with a reading monitor or smartphone. You can also review how your glucose changes, or where it's headed over a few hours or days to see trends in blood sugar levels. The sensor is water-resistant and can be worn while bathing, showering or swimming. However, the sensor cannot go deeper than 3 feet underwater or be in water for longer than 30 minutes.

Have you ever used a continuous glucose monitor (CGM) before?

Yes
 No

How comfortable would you feel controlling your sugar levels with a CGM?

Completely comfortable
 Very comfortable
 Somewhat comfortable
 Slightly comfortable
 Not at all comfortable

Do you feel that using a CGM would help lower your A1c levels on a greater scale compared what you're currently using?

Yes
 No

Do you think a CGM has the potential for you to change your current diet and exercise routines?

Yes
 No

Would any of the following reasons prevent you from using a CGM?

	Yes	No
It is uncomfortable to wear	<input type="radio"/>	<input type="radio"/>
Satisfied with current monitor	<input type="radio"/>	<input type="radio"/>
Device is attached to body	<input type="radio"/>	<input type="radio"/>
Painful application/wear	<input type="radio"/>	<input type="radio"/>

Would any of the following reasons prevent you from using a CGM?

	Yes	No
Skin irritation due to adhesive	<input type="radio"/>	<input type="radio"/>
Adhesive not holding	<input type="radio"/>	<input type="radio"/>
How sensor looks on the body	<input type="radio"/>	<input type="radio"/>
Too complicated to use	<input type="radio"/>	<input type="radio"/>
Technological requirements	<input type="radio"/>	<input type="radio"/>
Cost	<input type="radio"/>	<input type="radio"/>

If there are any other reasons that would prevent you from using a continuous glucose monitor, please state them below.

Would agree to wear a CGM in the future if it was provided to you at no cost?

- Yes
 No
 Maybe