

**Embed into your course to help students develop essential skills.**

Help students build essential skills to maintain emotional well-being, study effectively, resolve conflicts, and collaborate successfully in your course and beyond. Perfect for integration into First Year Experience (FYE) programs, or as a supplemental sidecar in your academic course, these materials set the foundation for lasting academic and personal success.

## Series Overview

These non-academic mini-courses are designed to integrate seamlessly into your existing curriculum, providing students with essential social and personal skills within the context of their coursework. By focusing on areas such as teamwork, conflict resolution, effective communication, and meeting skills, students are better prepared to succeed in collaborative projects. Additional courses help students improve study strategies, learn effectively online, and enable teaching assistants to provide more effective grading and feedback on quantitative assignments. Incorporating these mini-courses enhances the overall learning experience, promoting stronger group dynamics and supporting academic success.

### Core Components



Affordable Pricing



Easily Embed Into Any Course



Self-paced Courses



Interactive Lessons

### CollaborativeU

\$10 per student

Empower students to collaborate effectively on team projects with this innovative mini-course. Ideal for courses featuring team projects lasting over 5 weeks, faculty can embed this resource to boost student success in group work and enhance collaborative outcomes.

### ConflictU

\$10 per student

Help students master conflict resolution in group settings with this targeted mini-course. Specifically designed for courses with team projects over 5 weeks, this resource enables faculty to foster smoother collaboration and ensure more effective teamwork.

### MeetingU

\$10 per student

This 1-hour module teaches essential tools for improving meetings, featuring interactive practice through realistic video simulations. It's designed to be embedded in any course where students can benefit from developing stronger meeting skills.

### Learning to Learn Online

\$10 per student

Set online learners up for success with this concise, 8-module companion course, designed to equip them with the skills and strategies needed to excel in virtual learning environments.

## **The Student Cognition Study Skills Toolbox**

\$10 per student

This short course companion offers students practical, research-based study strategies, drawing on learning science to enhance academic success. Using material from introductory psychology as examples, the module provides hands-on practice in applying these strategies, making it versatile for use in psychology and other disciplines. Topic-specific versions have been crafted for six intro-level STEM and Humanities courses.

## **TA Training: Grading & Delivering Feedback on Quantitative Assignments**

\$10 per student

This course provides evidence-based training to help TAs develop skills in grading and giving feedback on quantitative work, including problem sets, code, and written responses, to better support educators.

## **Wellstart: A Course Helping Students Navigate the Tricky Transition to College**

\$1-10 per student

An online well-being course designed to help students navigate the transition to college life, addressing everything from dining hall choices to managing loneliness and stress. This comprehensive, evidence- and trauma-informed resilience program equips students with the tools they need to succeed, supported by the American College Health Foundation and United Healthcare Student Resources.

## **PartyScience: Know More, Choose Better**

\$1-10 per student

This course explores the science behind alcohol and other drugs, providing essential knowledge to empower individuals in making informed decisions about substance use. Whether choosing to use or abstain, students gain valuable insights to support responsible and healthy choices.

## **ACTIVATE: Empowerment Through Knowledge for a Safer Campus**

\$1-10 per student

This course covers essential Title IX topics related to substance abuse awareness, sexual assault prevention, affirmative consent, intervention strategies, and violence awareness. Designed to empower students with knowledge and practical skills, it promotes a safer, more informed campus environment and supports individuals in making responsible decisions and contributing to a safe, respectful community.

## **Boost Student Wellness, Collaboration, and Learning Skills**

Request a free demo to see how these mini-courses can boost your students' interpersonal, study, and collaboration skills. Visit <https://bit.ly/3Ao4nQT> or scan the QR code for more details.

